

## Biblical Communication at Work

November 3, 2004

*Ephesians 4:25-32 Therefore each of you must put off falsehood and speak truthfully to his neighbor; in your anger do not sin. Do not let the sun go down while you are still angry; Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen; Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.*

### SUMMARY:

“Random Living” is a term that describes a man who is living an inconsistent, unpredictable life. At one moment his comments are solemn, constructive, and good; the next moment they’re contradictory, careless, and totally inconsistent. “Random Living” is based on feelings, emotions and circumstances. Concerning communication, God’s desire is for us to: Be TRUTHFUL, Be CURRENT, Be ENCOURAGING, and Be COMPASSIONATE. By focusing on these principles we can eliminate the “Randomness” in our lives.

### NOTES:

## DISCUSSION POINTS:

Introductory Question: What types of situations and/or people make it seemingly impossible for you to overcome “Random Living” at work?

Discussion:

- Are you very good at encouraging or building people up at work? Give some examples of how you could improve, and as a result, how could you benefit?
- The Bible says that unresolved situations give the devil a foothold. Give an example of an unresolved situation at work. Why was it left unresolved? How could that situation have been different if adhering to the Biblical principles of communication?
- How can we possibly be “compassionate” and still stand our ground when dealing with unbelievers concerning a sticky situation at work?

## APPLICATION:

Think of one person at work who continually pushes all your buttons and causes you to stumble.

- 1) Pray for that person each day this week
- 2) Be especially mindful of the four principles of communication, and think specifically of this person and how you can apply these principles to improve that relationship

## ON YOUR OWN...

Ephesians 4:25-32  
James 3