

# The Great Adventure

## *Understanding your Wife*

December 8, 2004

**1 Peter 3:7** “You husbands likewise, live with your wives in an understanding way, as with a weaker vessel, since she is a woman; and grant her honor as a fellow heir of the grace of life, so that your prayers may not be hindered.” (New American Standard Bible)

## **SUMMARY:**

The common attitude in our culture is that women are too complicated to be understood, BUT God has given every husband the capacity and the responsibility to understand and honor his wife. A husband's life is greatly enhanced by learning to study and honor his wife as God intended.

## **NOTES:**

## **DISCUSSION POINTS:**

Introductory Question: What ways does our culture show it really dishonors women?

Discussion:

- What are you learning about your wife?
- Give a concrete illustration of treating one's spouse with respect.
- How do you make your wife feel important to you?
- What happens to your prayers when there is marital disharmony?

## **APPLICATION:**

- Ask your wife a question about how she prefers something done and commit yourself to doing what she asks.
- Memorize Ephesians 5:33 *“Let everyone of you in particular so love his wife even as himself.”*
- Other than at mealtimes, begin the habit of praying with your wife once a week. Pick a day, and time, put it in your planner and pray with her.
- If you have habitual insensitivity toward your wife, ask for her forgiveness in that area. Now honestly ask her how you might improve in that area and find a way to make it happen.

## **ON YOUR OWN...**

Proverbs 5:18

James 1:19

Colossians 3:19

I Corinthians 13

Song of Solomon 4:12