

Who is the Pilot of Your Plane?

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Proverbs 12:

Vs. 28 - In the way of righteousness there is life; along that path is immortality.

Vs. 7 - ...the house of the righteous stands firm.

Vs. 1 - ...but he who hates correction is STUPID.

SUMMARY:

Each person has temptations that are harder for them to overcome than other temptations.

As I give God control over **ALL** areas of my life, the temptations that I struggle with become easier to defeat.

NOTES:

DISCUSSION POINTS:

Introductory Question: Why do I give in to temptation?

Discussion:

1. How do you deal with difficult temptations?
2. Why do we choose to hang on to control of certain areas of our lives rather than give God control over it all?
3. How can "Spiritual Breathing" help us to combat our sin?

APPLICATION:

Spend quality time **EVERY DAY** with the Lord in His word and prayer!

Practice "Spiritual Breathing" **CONTINUALLY EVERY DAY!**

- **EXHALE:** Confess your sin immediately. 1John1:9, Heb.10:1-25
- **INHALE:** Acknowledge God's forgiveness of your sin (past, present and future) and rely on the power of the Holy Spirit to overcome future temptation according to the **command of Eph.5:18** and the **promise of 1John 5:14,15.**

ON YOUR OWN...

Natural Person: 1Cor.2:14

Spiritual Person: 1Cor.2:15,16, John 15:5, Acts.1:8

Carnal Person: 1Cor.3:1-3, Rom.5:8-10, Heb.10:1-25, 1John1; 2:1-3, 2Peter1:9, Rom.7:15-24, Gal.5:16-18

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