

# “Making Spiritual Growth Happen”

1-20-2010

Paul Martin

“ Growing in the grace and knowledge of our Lord and Savior Jesus Christ “ ( 2 Peter 3:18 )

## SUMMARY:

What is the ‘ one thing ‘ that you enjoy doing that does not take a lot of motivation to get you to do it? Fishing, hunting, biking, reading, hiking, golf, exercise, eating, \_\_\_\_\_ - you fill in the blank !

How about in the spiritual realm? Do you have a real passion to “grow” in the grace and knowledge of our Lord and Savior Jesus Christ?” The Apostle Paul exclaimed, “That I may know him”...! ( Phil. 3:10 ) . It is really delightful to ‘ grow up ‘ in every way into him who is the head, into

Christ, yet it takes dedication and commitment. “Spiritual growth is a lifelong pursuit. We grow in spiritual maturity moment by moment, day by day, year by year. In many ways, spiritual exercise is a lot like physical exercise. If you stop exercising physically, your body may not show the results of inactivity for a while. But one day you wake up and find everything is sagging in all the wrong places. “

## NOTES:

What are the steps for pursuing Spiritual Growth?

1. D \_\_\_\_\_
2. D \_\_\_\_\_
3. D \_\_\_\_\_
4. D \_\_\_\_\_
5. D \_\_\_\_\_
6. D \_\_\_\_\_

## DISCUSSION POINTS:

- **Introductory Question:**?
- What do you do enjoy doing the most? Is it having a positive or negative impact on others closest to you ( try seeing this question through the eyes of others ) ?
- Describe a time when you felt that you were ‘ spiritually growing ‘ and what do you think assisted that growth in your life?
- What is the biggest hurdle keeping you from ‘growing up ‘ into Christ?
- Which of those six steps would help you in pursuing spiritual growth?
- Are you currently reading, studying, memorizing God’s Word on a consistent basis?
- Are you plugged-in to a bible study or small group? Is the content of what is discussed biblically based and challenging you to grow?
- Is there hidden sin in your life which is stifling or stunting your growth? If so, confess it to God ( John. 1:9, and to a spiritually mature mentor ( James.5:16 ).

## ON YOUR OWN...

### Scripture References:

2 Peter 3:18  
Hebrews 5:11-6:1  
Ephesians 4:11-15  
1 Peter 2:2  
Psalm 32  
1 John 1:9  
James 5:16