

## Leading an Unexamined Life

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**“The Life which is unexamined is not worth living”**  
Plato

**“Let us examine our ways and test them, and let us return to the Lord.”**

Lamentations 3:40

## SUMMARY:

“If we don’t hit our target, the list of questions grows even longer. Why me, God? If you love me, where are you when I need you? Why won’t you bless me? How could this happen to me? Our hurt feelings slowly give way to anger and bitterness, or fear and guilt, or some of each.

“After all is considered, the number one shortcoming of man at the close of the twentieth century (as it has been at the close of every century) is that we lead unexamined lives. Most men have not carefully chiseled their life view by a personal search for truth and obedience to God.”

p. 37 *The Man in the Mirror* by Patrick Morley

## NOTES:

## DISCUSSION POINTS:

- What would you like on your tombstone to summarize your life:
- Which of your experiences and relationships do you think have had the greatest impact on how you think, speak, and act? In what ways have they influenced you for good?...for bad?
- Are you the kind of person who gives thought to the why questions of life, or are you content with life as it is? What are some of the risks of leading an unexamined life?
- Are you willing to allow God to show you yourself as you really are? What are some of the things you might find out about yourself?

## APPLICATION:

After you have examined yourself how can you apply what you have learned?

List 3 things you can do today to improve your walk of faith:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## ON YOUR OWN...

1 John 2:6  
Philippians 2: 5-8

Ephesians 5: 1,2  
Nahum 1:7

Isaiah 43:2  
11 Cor. 4: 8,9