

“Making Spiritual Growth Happen”

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“ Growing in the grace and knowledge of our Lord and Savior Jesus Christ “ (2 Peter 3:18)

SUMMARY:

What is the ‘ one thing ‘ that you enjoy doing that does not take a lot of motivation to get you to do it? Fishing, hunting, biking, reading, hiking, golf, exercise, eating, _____ - you fill in the blank !

How about in the spiritual realm? Do you have a real passion to “grow” in the grace and knowledge of our Lord and Savior Jesus Christ?” The Apostle Paul exclaimed, “That I may know him”...! (Phil. 3:10) . It is really delightful to ‘ grow up ‘ in every way into him who is the head, into

Christ, yet it takes dedication and commitment. “Spiritual growth is a lifelong pursuit. We grow in spiritual maturity moment by moment, day by day, year by year. In many ways, spiritual exercise is a lot like physical exercise. If you stop exercising physically, your body may not show the results of inactivity for a while. But one day you wake up and find everything is sagging in all the wrong places. “

NOTES:

What are the steps for pursuing Spiritual Growth?

1. D _____
2. D _____
3. D _____
4. D _____
5. D _____
6. D _____

DISCUSSION POINTS:

- **Introductory Question:?**
- What do you do enjoy doing the most? Is it having a positive or negative impact on others closest to you (try seeing this question through the eyes of others) ?
- Describe a time when you felt that you were ‘ spiritually growing ‘ and what do you think assisted that growth in your life?
- What is the biggest hurdle keeping you from ‘growing up ‘ into Christ?
- Which of those six steps would help you in pursuing spiritual growth?
- Are you currently reading, studying, memorizing God’s Word on a consistent basis?
- Are you plugged-in to a bible study or small group? Is the content of what is discussed biblically based and challenging you to grow?
- Is there hidden sin in your life which is stifling or stunting your growth? If so, confess it to God (John. 1:9, and to a spiritually mature mentor (James.5:16).

ON YOUR OWN...

Scripture References:

2 Peter 3:18
Hebrews 5:11-6:1
Ephesians 4:11-15
1 Peter 2:2
Psalm 32
1 John 1:9
James 5:16